

# Kiddie Academy of Virginia Beach

Menu Plan for December 30th, 2024 through January 3rd, 2025

	MONDAY - Dec. 30th	TUESDAY - Dec. 31st	WEDNESDAY - Jan. 1st	THURSDAY - Jan. 2nd	FRIDAY - Jan. 3rd
AM SNACK	<b>OLES - FULL DAY</b> Whole-grain Biscuits, 100% Strawberry Jam, Milk	<b>OLES - FULL DAY</b> Whole-grain Toasted English Muffins with warm butter, Milk	<b>Closed for New Year's Day</b>	<b>OLES - FULL DAY</b> Whole-grain Waffles for <2 Whole-grain Pancakes for >2, with warm Syrup, Milk	<b>OLES - FULL DAY</b> Whole-grain Cereal, Milk
LUNCH	Whole-grain Chicken Nuggets, Green Peas, Fruit Cocktail, Milk	Whole-grain Spaghetti with Marinara Sauce, Yellow Corn, Diced Pears, Milk	<b>Closed for New Year's Day</b>	Chicken and Rice Casserole, Steamed Broccoli, Pineapple Tidbits, Milk	<b>CARPET PICNICS</b> Ham & Cheese Sliders on Hawaiian Rolls, Veggie Straws, Whole Apples for >2, Diced Apples for <2, Milk
PM SNACK	Scooby Doo Crackers, Applesauce Cups, Water	<b>Closes @ 3:00</b> <i>(Fruit Juice and Crackers will be provided to go for &gt;2 . Snacks for &lt;2 will be eaten at school.</i>	<b>Closed for New Year's Day</b>	Whole-grain Tiger Bites, Gogurt, Water	Miscellaneous Crackers, 100% Fruit Juice

**All Juice is 100% fruit or vegetable juice/vitamin C fortified (No more than 4-6 oz per day).**

**Milk - must be unflavored whole milk for children age one. Milk - must be unflavored 1% for children ages two and older.**

**Whole-grain options will be used whenever possible.**